

RESURRECTION ROMAN CATHOLIC PARISH

3155 Windsor Park Road - Regina, SK S4V 3B1

Phone: 306-352-0800

Email: office@resurrectionparish.ca
pastor@resurrectionparish.ca

Office Hours: Monday - Friday: 9:00 am – 2:00 pm

Please ring the doorbell

JANUARY

JAN 28 2024



Mass Intentions

Tuesday 7:00 pm **+ Ken Beckie**
by Eleanor Kotylak

Wednesday *11:00 am* **Funeral Mass**

Thursday 9:00 am **+ Ryan Booker**
by Susan Deobald

Friday 9:00 am **+ Bill Yano**
by Pat Pantel

PLEASE NOTE: To request a Mass Intention please contact the Parish Office or visit the Welcome Desk after Mass. Due to the high volume received, some Masses may be celebrated at other parishes.

INFORMATION

RECONCILIATION

- Tuesday - 6:15 pm to 6:45 pm
- Saturday - 4:15 pm to 4:45 pm
- The first Friday of each month 9:30 am to 10:30 am, during Adoration
- By appointment by calling Fr. Brad

ANointing OF THE SICK / MINISTRY TO THE SICK

Please call the Parish Office to arrange for anointing for someone who is seriously ill, preparing for surgery or home-bound. We can visit upon request

MARRIAGE

Please contact the Priest to make arrangements *at least nine months in advance*

SACRAMENTS

- Baptism
- Confirmation/First Eucharist (Grade 2+)
- First Reconciliation (Grade 4+)
- Rite Of Christian Initiation For Adults
- Rite Of Christian Initiation For Children

Contact: sacraments@resurrectionparish.ca

FUNERALS

Our staff are able to assist you during this difficult time. Once you have contacted the funeral home, please call the Parish Office to plan the funeral Mass and other arrangements

PARISH REGISTRATION

Registration forms are available on the Resurrection website, at the parish office or at the Welcome Desk. Please notify the Parish Office of any address changes.

HOSPITAL CHAPLAINS

Hospital chaplains visit patients and their families to address any spiritual needs, to pray, to provide a friendly face and comforting presence, to talk about people's fears and concerns, to bring Communion, and to contact a priest for anointing of the sick.

Pasqua Hospital: 306-519-1380

Wascana Rehabilitation Centre: 306-530-6511

General Hospital: 306-519-1405



Today's Readings

First Reading - **Deuteronomy 18.15-20**

Responsorial Psalm - **Ps 95.1-2, 6-7**

Second Reading - **1 Corinthians 7.32-35**

Gospel - **Mark 1.21-28**

MASS SCHEDULE

This week
Jan. 30th to Feb. 4th

Tuesday: 7:00 pm
Wednesday: 11:00 am funeral Mass
Thursday: 9:00 am
Friday: 9:00 am

Saturday: 5:00 pm
Sunday: - 9:00 & 11:00 am

WORSHIP
with us

The first Friday of every month - Adoration from 9:30 am to 11:00 am.
Reconciliation from 9:30 am to 10:30 am

PASTORAL TEAM

Pastor: Fr. Brad Fahlman

Associate Pastor: Fr. Yannick N'Cho Deacon: Reverend Mr. Joe Lang



Catechesis of the Good Shepherd

Association of Canada

A seed has been planted in the heart of the diocese. Holy Rosary Cathedral is home to Regina's first Catechesis of the Good

Shepherd atrium: a place for children to wonder at the depths of the Good Shepherd's love for them. The atrium has materials designed specifically for children to ponder scripture and liturgy. It is a space set apart for children to discover, contemplate and wonder about God. We -- Cassandra, Farrah, Katherine, and Angela -- have completed formation to become catechists in this method of sharing the Gospel with children. We would like to share about our work, what we see the children do in the atrium, and how God is speaking to us alongside them. Stay tuned for news and stories. We wonder with the children and invite you to wonder with us! For more information visit cgsac.ca or contact regina.cgs33@gmail.com

*We extend our deepest sympathy to and pray for
the family and friends of*

Henry Droder, Gladys Zerr, William Kotylak, Gilbert Boyle and Elmer Hinzmann
who have passed away.

*We pray that Henry, Gladys, William, Gilbert, Elmer and all the souls
of the faithful departed rest in peace.*



**OUR PARISH HAS AN ACTIVE PRAYER
MINISTRY. IF YOU OR SOMEONE YOU KNOW IS
IN NEED OF PRAYER, OR IF YOU WISH TO JOIN
THE PRAYER MINISTRY PLEASE CONTACT**

Sharon Schauerte
Ph. 306-586-9143

Email: sharon_schauerte2@hotmail.com



**Development
and Peace**
CARITAS CANADA

Development and Peace's Share Lent workshop will be held at Holy Child on Saturday, Feb.3 at 1 p.m. Register by e-mailing mariangrady@sasktel.net or phoning 306-552-8318 by Feb. 1. Please put this in your bulletin next weekend and pass the information on to your parish social justice and development and peace committee. It is very important that parishes have at least one representative present for this workshop! Thank you for your cooperation!!



ADORATION AND RECONCILIATION

The first Friday of every month.

Adoration from 9:30 am to 11:00 am.

Reconciliation from 9:30 am to 10:30 am



LENTEN BIBLE STUDY



Bishop Robert Barron's newest study program

THE MASS

Thursdays from 10:00 am, to 11:30 am

Six sessions beginning Feb. 15th

Facilitated by Kevin Harty

Please see the insert in this bulletin for more information.



We're looking for people to sign up to help with all liturgical ministries. Even if you had helped out in the past; please take this opportunity to sign up again. Please see our website for more information

SERVANTS OF GOD



RECYCLING FUNDRAISER



Take your empty bottles and cans to SARCAN Drop & Go for the Knights of Columbus Fundraiser for Charity. All you have to do is enter the code 3067892993, it's as easy as that! If you can't make it to SARCAN, call that number and we'll pick up your bottles and cans for you.

Thank you so much for your support!

Burning of Palms!



Each year we burn the previous year's palms to make the ashes for Ash Wednesday Masses. The Liturgy Committee invites parishioners to bring their blessed palms and place them in the baskets located at the front and side entrances of the church when you attend weekend Mass or weekday morning Mass. The collection of last year's palms will be until

Sunday, February 11th.

Regina PRO♥LIFE

The Regina Pro Life Association is calling on all parishioners to participate in the Green Ribbon Sunday Campaign, which remembers the Morgentaler decision of January 28, 1988, when the Supreme Court of Canada struck down all laws regarding abortion. Since then, there have been more than 4 million abortions in Canada. Please pick up a green ribbon/bookmark which are available at the church entrances. We encourage you to wear them! The bookmarks include a prayer for the end to abortion that we kindly ask you to pray daily.

Thank you for supporting life!



FEAST OF THE PRESENTATION OF THE LORD

February 2nd

February 2, the Feast of the Presentation of the Lord, was designated by St. John Paul II in 1997 as the World Day for Consecrated Life, "To help the entire Church to esteem ever more greatly of the witness of those persons who have chosen to follow Christ by means of the practice of the evangelical

counsels." This Sunday, January 28, at the 11 a.m. Mass, we will be welcoming members of consecrated orders, secular institutes and associations who live the vows of poverty, chastity and obedience in our archdiocesan faith community. All are welcome to come and learn more about living this vocation.



Regina Catholic Schools

Fall Kindergarten Registrations
Regina Catholic Schools are now be accepting kindergarten registrations for the fall. Children must be 5 years old by December 31st, 2024. Please contact your local school for more information. You can use the following link to determine which school your child should attend:

<https://rcsd.firststudentinc.com/Eligibility.aspx?Page=School>



**Mondays
at
10:00 am.**

**CHECK THEIR FACEBOOK PAGE
"RESURRECTION PARISH
MOM GROUP"
OR CONTACT SARAH FRANCE AT
306-216-5443**



Tax Receipts are ready for pickup at the parish, please pick yours up to help avoid high postage costs

A Ladies Lenten Retreat – The Psalms – Our School of Prayer

WHERE: Resurrection Parish
WHEN: February 24, 2024 from 9am to NOON
PRESENTER: Deacon Eric Gurash.

Sponsored by Resurrection CWL
Please watch the bulletin for more details soon.



EMAIL MONEY
TRANSFER

Did you know that you can send your weekly tithes and offerings now by e-transfer? Over fifty percent of our donations are by weekly e-transfer. Send them to finance@resurrectionparish.ca and they will be included with your annual tax receipt. If you would like to inquire about other ways of giving electronically, please email the Parish at finance@resurrectionparish.ca or call our office at 306-352-0800. Thank you again for your generosity in doing the Lord's work in our Parish, our community, our city, and beyond.



Do you like to knit or crochet? Are you interested in gathering for fellowship and knitting or crocheting items for those in need? We invite you to join us at Resurrection in Meeting Room 3 on Wednesday's between 1 and 3 pm. Please call the office at 306-352-0800 if you are interested.

Can't join us, you can still help us out with donations of yarn.



CWL CORNER

The Catholic Women's League of Canada means many things to people. Our core values of faith, service and social justice guide us as we follow Catholic teaching, provide service locally, nationally and internationally, and work to advocate for social justice. We have taken 52 words from our National Sisterhood Map and will present one of them here each week

RESPECT

We are all God's children, created in God's loving image and deserving of compassion and respect. The Catholic Women's League's core values go beyond this, caring for all of God's creation. Join us and experience the joy of love and respect.

Warm Welcome Coalition



Warm Welcome Coalition Centre Support needed for Warm Welcome Centre

Resurrection parishioners - You are invited to donate items to assist in providing tasty and nourishing food to folks using the Warm Welcome warming Centre located at Carmichael Outreach, open 11pm to 7am daily until the end of April.

Our Parish will be offering support by providing food and beverages for 60 people at the Centre on the nights of Saturday, February 17, Tuesday, March 26 and Saturday, April 27. Donations of muffins, cookies, granola bars, fruit, juice, coffee, and tea are needed. If you are able to help by supplying any of these, please drop them off at the Welcome Desk or contact the Office at (306) 352-0800 to coordinate a drop off time. We are also in need of monetary donations to purchase perishable items such as sandwich supplies and fruit. Please place your donation in the collection basket in an envelope marked "Warming Centre". If you wish you can send an e-transfer to finance@resurrectionparish.ca, be sure to indicate 'Warming Centre' so the funds are allocated correctly. Any cheques should be made payable to Resurrection Parish with a note that the funds are for the "Warming Centre", please also include your envelope number for receipt purposes.

The Centre is also looking for Volunteers to assist the Carmichael staff overnight. If you are interested please contact Carmichael Outreach's volunteer coordinator at 306-531-7231 or email volunteering@carmichaeloutreach.ca. All volunteers must have a current police records check and will be asked to attend an orientation.

Please see the letter included in the bulletin.

SACRAMENTS

... an ongoing journey of faith

SACRAMENT PREPARATION

Baptism Registration is ongoing

Preparation classes are required, so register as soon as possible. Registration can be submitted and classes taken prior to the birth of your child. *The next Baptism Preparation Class will be held May 4th, with the Baptism Celebration on May 12th.*

Anointing of Sick

Available to anyone who is seriously ill or preparing for surgery

Reconciliation

Priests are available before or after any Mass - or by appointment

Marriage

Register as soon as possible to ensure marriage preparation can be completed

RCIA



RCIA IS A JOURNEY IN FAITH

and a process of meaningful learning, discussion and discernment.



PHASE TWO: CATECHUMENATE

November 4 to February 14

Will cover these topics and so much more!

Lenten Journey *Baptism* *Parables* *The Saints* *Mass Layout* *The Bible* *Prayer* **RCIA** *Seven Sacraments* *The Eucharist* *The Trinity* **Catechumenate** *The Rosary* *Mary*

Classes run every second Wednesday from October through April.

For more information contact:

rcia@resurrectionparish.ca for adults

rcic@resurrectionparish.ca for children/teenagers



Baptism



Confirmation



First Eucharist



First Reconciliation



RCIA

... faith, friends and family

YOUNG ADULT

BIBLE STUDY

A QUICK JOURNEY THROUGH THE BIBLE

TUESDAYS 5:30 PM

RESURRECTION PARISH

January 9, 16, 23, 30, February 6, 13, 20, 27
No registration required. Come as you are able!
Mass at 7 pm, Tea Tuesday (fellowship) to follow

JULIANNA CORNISH
(306)551-6182

MITCH PORTER
(306)434-7472

TEA TUESDAYS



Tuesdays
at 7:30 pm
Following the
7:00 pm Mass

Tea Tuesday is for youth ages from High School to University and is a time for sharing in fellowship and faith.

Mass and Mystaria: a Theological Thirst Quencher

Every First Friday
Mass at 7 p.m.
Catechesis at 7:45 p.m.
Stay for both or stay for one
Stay as long as you can

Resurrection Parish
Free Drinks
Both Alcoholic and
Non-Alcoholic
Minors must be accompanied by
their Parents or Guardians



THIS WEEK



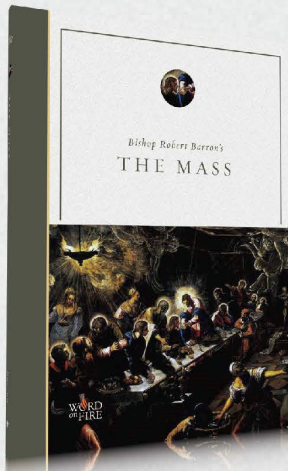
The Kid's Bulletin

Check our web site to download a bulletin just for the children.



Bishop Robert Barron's newest study program

THE MASS



Walk through the Liturgy with Bishop Barron and you'll be transformed through insights on this most privileged and intimate encounter with our Lord Jesus Christ.

See how the Mass brings us out of the fallen world and into the heavenly realm, how it resonates with a call from God and a response from his people, the Church, and, most importantly, how we are intimately joined with the Body, Blood, Soul, and Divinity of Jesus through the Holy Eucharist.

The Mass will help you understand how to fully, consciously, and actively participate in the source and summit of the Christian life.

WWW.WORDONFIRE.ORG ✝ MASS.WORDONFIRE.ORG

DATE, TIME, LOCATION

Thursdays
10:00 am to 11:30 am
First Session: Feb 15th
Resurrection Parish

COST / REGISTRATION

Cost" \$10 to cover the cost of
printing the Study Guide.
To register please call the
Parish Office at 306-352-0800

CONTACT

Facilitated by Kevin Harty.
Please call the Parish Office at
306-352-0800 if you have any
questions.

Warm Welcome Coalition



Support Needed for Warm Welcome Centre

Local faith communities, organizations and concerned citizens have come together, recognizing the crisis for the houseless community and the severe cold weather coming. The Warm Welcome Coalition celebrates the funding announced to Carmichael Outreach from the Saskatchewan Government and the City of Regina for an overnight warming centre in Regina. Carmichael Outreach has offered their space and has developed a budget for staffing and managing this project. The centre will be open from 11pm to 7am, 7 days a week, from January to May 2024. The Warm Welcome Centre expects to provide space for up to 60 people at the start. We see this as addressing an immediate need while we continue to press the governments for a more permanent solution to houselessness, i.e. affordable housing with wraparound supports (Housing First).

We are now looking for volunteers to support the Carmichael staff overnight and various donors (faith communities and individuals) to donate food and beverages.

Volunteers should contact Carmichael Outreach's volunteer coordinator at <https://carmichaeloutreach.ca/volunteer/>. All volunteers must have a current police records check. Volunteers will also be asked to attend an orientation.

Donors will be primarily from faith communities. Donations could include items such as coffee/tea and supplies, juice, and snacks (e.g. muffins, sandwiches, baking, fruit, etc.) with enough for 60 people. Donations will be received during the daytime hours. No deliveries can be accepted at night for security reasons.

If you are interested in helping out, please contact one of our co-chairs:

Russell Mitchell-Walker or Madi Massier at warmwelcomeregina@gmail.com

February 3 - 29, 2024

Igniting the Spirit of Reconciliation: 94 Calls To Action

Special Events

Register for Special Events by
emailing:
trcsask@gmail.com
LIMITED SPOTS FOR ATTENDEES

Thursday, February 8th 2024
7:00pm - 9:00pm

Official Opening:
Michele Schwab and Holly Yuzicapi

Saturday, February 17th 2024

10:00am - 3:00pm

Lunch Provided

Presentations by:

Cadmus Delorme- Former Chief of
Cowessess First Nation
Donald Bolen, Archbishop of Regina
Kaila Johnstone- National Center for
Truth and Reconciliation.

Wednesday, February 21th 2024

1:00pm - 3:00pm

Life Experiences shared by
Regina Survivors Circle

Monday, February 26th 2024

1:00pm - 3:00pm

Sacred Treaty Relationships-
Susan Beaudin

Location: Neil Balkwill Civic Arts Centre

2024 Elphinstone Street
Regina, Saskatchewan

When to See the Exhibit:

Monday to Thursday
8:30am - 5:00pm
6:30pm - 10:00pm

Friday and Saturday
8:30pm - 5:00pm

Sunday
12:30pm - 5:00pm

Admission is Free





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**EVERY SATURDAY FROM
MARCH 9 TO MAY 11, 2024
6 PM TO 9 PM**

**HOLY ROSARY CATHEDRAL BASEMENT
2104 GARNET STREET, REGINA, SK**



SCAN TO REGISTER

**OPEN TO ALL MARRIED COUPLES,
SINGLES (40 YRS AND ABOVE)
DIVORCED/SEPARATED, WIDOW/WIDOWER**

FOR MORE INFORMATION, PLEASE CONTACT:

RENE REYES

(306) 581-8109

ROD CREER

(306) 581-2508

CRIS MASAOAY

(306) 537-2883



ARCHDIOCESE OF
Regina

Emmaus Mental Health Ministries

"While they were talking and discussing, Jesus himself came near and went with them." Luke 24:15



At Emmaus Mental Health Ministries we believe in the strength and comfort that can come from peers walking with and supporting peers.

Our spiritual peer support groups bring together individuals with lived experience of mental health challenges in the family.

Spiritual peer support focuses on shared prayer, learning building resiliency, walking together, moving forward towards a healthier life for ourselves and those whom we care for, and discovering Jesus Christ walking with us in the midst of it all.

Who needs you to hold their hand today? Who do you need to hold yours?

1 in 4 families experience mental health challenges. If you're looking for support, Emmaus Family Support is here to help. Join our community of caring individuals



Emmaus Phone and
Online Support



Emmaus Website



Emmaus Prayer
Support



emmausmentalhealth@gmail.com



Archdiocese of Regina Bulletin

January 28, 2024
4th Sunday in
Ordinary Time

TF# 384 - Communities of Care: Catholic Parishes and Mental Health Peer Support

This week on Thinking Faith Deacon Eric Gurash discusses the ways that spiritual peer support can help navigate mental health challenges and the role our parishes and Catholic social teaching can play in building caring, supportive communities.

Show Snippet: "Our parish communities are uniquely positioned to walk with others, offering prayer-filled support that can rebuild self-esteem and confidence often undermined by experiences of mental illness through a focus on mutuality, self-determination, respect, dignity, equity, and belonging."

Find out more about the Archdiocese of Regina's Emmaus Family Support mental health ministry at emmaussupport.ca. thinkingfaith.libsyn.com/communities-of-care-catholic-parishes-and-mental-health-peer-support

Emmaus Family Support

1 in 4 families experience mental health challenges. If you're looking for support, Emmaus Family Support is here to help. Join our community of caring individuals, meeting monthly at Holy Trinity parish in Regina (and accessible online via Zoom), who understand what you're going through. Visit emmaussupport.ca or contact Deacon Eric Gurash at emmausmentalhealth@gmail.com or 306-721-6724 to learn more.

Engaged Encounter Weekend

An Engaged Encounter Weekend gives couples planning marriage the opportunity to dialogue honestly and intensively about their future lives together. The weekend is designed to deepen and enrich relationships with one another, God, the Church and the World. Couples are given opportunities to learn more about one another as they engage in deep and meaningful discussions dealing with all aspects of married life. Our next weekend at St. Peter's Abbey in Muenster, Saskatchewan is April 26-28. Cost is \$480 for the weekend and this includes all meals and accommodations. All registrations are done online by visiting www.ceewest.com. Contact Lynn and Wanda Freistadt for further information at ceemuenster@sasktel.net or 306-373-8607

Development and Peace Share Lent Workshops

- Regina:** Saturday, February 3 at 1:00 PM, Holy Child Parish, contact Marian Grady: mariangrady@sasktel.net
- Yorkton:** Sunday, February 4, following 11:00 AM mass and light lunch, St Gerard's Parish, contact Mark Bell: jmbell@sasktel.net
- Assiniboia:** Saturday, February 24th at 1:00 PM, St George's Parish, contact Susan Robinson: susanmr@sasktel.net

Lay Formation Auditing

Don't let distance hold you back! Our Lay Formation program welcomes auditors from all around the Archdiocese of Regina both in-person and online. For a nominal fee per class you can engage with our thought-provoking classes online and enrich your spiritual journey. Auditing does not require the completion of additional reflections or assignments, and audited classes do not count toward program completion. Follow the link for more information and embark on a path of knowledge and growth. archregina.flocknote.com/signup/134383

Contemplative Listening A Formation Program for the Ministry of Spiritual Direction

Facilitated by Archdiocese of Regina Spiritual Directors Group. This two-year program, September 2024 to June 2026, is limited to twelve persons who will meet once a month for ten months each year. It will include some retreats. If you believe you are a possible candidate for this program and would like more information and an application form, contact Karen Ziegler (306) 527-2738 email: k.ziegler@sasktel.net or Dennis Ziegler (306) 539-7134 email: d.ziegler@sasktel.net before March 1, 2024. For more information visit archregina.sk.ca/group/spiritual-direction/

(still) do!

CHRIST THE REDEEMER
CATHOLIC CHURCH
1850 Springs Gate
Swift Current SK

Married couples will spend the day on retreat.
Engaged couples will complete marriage preparation.
Interdenominational, interfaith, and questioning
couples are more than welcome to attend.
Register online at www.leahperrault.com/stilldo
or with the QR Code:

marriage preparation
and marriage retreat
FEBRUARY 10 2024
8:00AM - 5:00PM

Stewardship Bulletin Bit

"Brothers and sisters: I should like you to be free of anxieties." - 1 Corinthians 7:32

How much anxiety do we bring upon ourselves by constantly worrying about not having enough or attaining more things? God won't necessarily give you everything you want, but He will provide everything you need. Try this – use the word "pray" instead of the word "worry" in the future. Then spend your time praying instead of worrying.

The Archdiocese of Regina is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



Fun Poll Results

How's that New Years Resolution thing working out for you?

Failed, shut up, don't judge me - 3%

Still going strong, thanks for asking - 30.2%

They're silly, I didn't make one/any - 62.8%

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facebook.com/ReginaDent.ca @ReginaDent.ca Website: www.ReginaDent.ca

**Trinity Manor at Westerra
Welcome Home!**



Experience the freedom of retirement at Trinity Manor, a part of Emmanuel Care. Attend mass, receive the sacraments, or spend time in reflection in our beautiful chapel.

For more information call:
306-550-8077
or Visit
www.trinitymanorregina.ca

Are you interested in advertising your business? This is a great time to start! We are now looking for advertisers for the 2024 year. Your business card ad will have exposure in both the large and small versions of our weekly bulletin. Our bulletin is sent to over 500 households and is also available on our web site for download. Please contact the parish office or Joe Frohlick at 306-789-2993 or email jfrohlic@gmail.com for more information

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