

## Eucharistic Ministers

### Bread and Cup Ministers

Upon arrival at church check your name off on the signup sheet in the Vestry. Try to find seats closer to the front of the church with easy access to the Sanctuary. Please join Father for a short prayer in the Vestry about 5 – 10 minutes before Mass starts.

You should begin moving towards the Sanctuary immediately after the Lord's Prayer during the Sign of Peace, bow to the Altar before moving up the steps to the credence table and discretely use the **hand sanitizer** before moving to your proper spot off to either side of the Altar.

Refrain from giving the Sign of Peace at the Altar.

### Eucharistic Bread Ministers

Priests will always be bread ministers.

If you are scheduled first and have an asterisk, you will bow at the bottom of the stairs and head to the Tabernacle as soon as you ascend the stairs. You will genuflect or give a profound bow toward the Tabernacle as a sign of respect to Jesus, turn the key and carefully remove the ciborium and take it to Father at the Altar.

Place the ciborium on the Altar without removing the lid, go to the credence table to **sanitize your hands** and move to your spot. Wait for Father to give you a Host, all ministers will stand reverently, patiently waiting.

Father will distribute Hosts while the Lamb of God is being sung then consume when you are given the Host but never consume before the priest.

Once you have consumed go to the credence table, **sanitize your hands**. Father will then hand out the ciborium's and

head to the bottom of the stairs; once he heads down the stairs you can then cautiously proceed to your location. Be especially careful, you are carrying Jesus.

As a bread minister you will hold up the Host and say “the Body of Christ” then place it in their hand. If someone approaches you with their mouth open place the host into their mouth on their tongue. For young children or people that approach you with crossed arms hold you hand above their head and say , “May the Lord Jesus be in your heart and in your mind”. Do not bless the people, only the Priest or Deacon can give a blessing. You do not give them a Host. If someone holds out a pyx - place a Host into the pyx then give them Communion. If you are on the side rows and your section is finished move to the center aisle just in front of the front pew and continue to assist with distribution to the center aisle. Once you are finished distributing to your section or sections return the ciborium to the altar and take your seat. If you are on the section closest to the choir, please distribute to the choir after everyone else has received Communion. Once choir, sound and power point ministers have received, take your ciborium back to the altar where all Hosts will be combined in one ciborium. This ciborium needs to be returned to the Tabernacle, genuflect and bow and then lock the door, **sanitize your hands**, and return to your seat.

You do not bow when leaving the altar.

If you accidentally drop a Host pick it up and hold it in your hand underneath the ciborium you are holding. After you have distributed communion to the last person take your ciborium to the altar and discretely consume the dropped Host before returning to your seat.

If you have any questions, please ask the Mass Coordinator.

### **Eucharistic Cup Ministers**

Determine before mass, with the mass coordinator, where each cup minister will be serving and put your name on the signup board in the Vestry. You must pay attention to which spot you have signed up for and know your position to stand on the altar and on the marked spots on the floor. Try to find seats closer to the front of the church with easy access to the Sanctuary.

Once you have consumed your host go to the credence table, **sanitize your hands**. The priest will distribute the cups, Father will hand each cup minister a chalice and a purificator, take them both at the same time, consume, then wipe the inside and outside of the cup.

One of the cup ministers should offer Precious Blood to the bread minister(s) on the same side they are standing. Another cup minister should offer Precious Blood to the altar server(s) that are on the same side. The middle cup minister should keep the chalice as you will not need to offer Precious Blood to anyone on the Altar. Once Father hands out all chalices and ciboriums and heads to the bottom of the stairs you can cautiously proceed to your location. Be especially careful to not spill as you are walking, remembering that you are carrying Jesus.

Once in place - Hold the chalice of Precious Blood up and say "The Blood of Christ" to each person. Once they return the chalice to you, wipe the rim with the purificator and rotate the chalice, use a new part of the purificator each time.

Note – for young children – make sure they have a firm grip of the chalice or hold it for them.

Please prevent people from 'dipping' their Host (this is called intinction). Put your hand over the chalice if it appears they intend to dip. Gently let them know they are to consume the Host first.

If you spill the Precious Blood place your purificator over the spill and ask someone to watch the spot. Return your chalice to the Altar and discreetly get a towel from one of the drawers to wipe the spillage. Place the towel and purificator on the credence table. After this obtain a clean purificator (different drawer) and continue with the distribution of the Precious Blood. After mass, please inform Father or Mass Coordinator of the spill.

If your side is finished and you still have Precious Blood, assist with choir side. Allow for room between Bread ministers for people to move through.

Once finished return your chalice to the credence table. If you still have Precious Blood please consume, if you are not comfortable to consume place the cup on the altar for Father. If your chalice is empty do not walk in front of other Ministers. Return the chalice to the credence table, place the purificator inside the chalice and return to your seat by the outside walls.

If you have any questions please ask the Mass Coordinator.

Thank you for sharing your time and talent to serve the Lord and your community at Resurrection Parish.

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